

Bolus or Syringe Feeding

Using a bolus or syringe to feed

In bolus or syringe feeding the syringe is a funnel which directs formula into the feeding tube. **Do NOT give a tube feeding if the stomach is upset or there is vomiting.**

How to bolus or syringe feed

- 1. Clean work area using a clean cloth or towel, soap and water.
- 2. Gather all equipment and check cleanliness. _____ cans or _____ mL of formula
 - _____ cc catheter tip syringe
- Wash hands thoroughly with soap and warm water. (Fig. A)
- Check position of feeding tube as you have been instructed.
- Use the syringe to flush the feeding tube with _____ cc of lukewarm water. (Fig. B)
- 6. Shake can well. Wipe off the top of the formula cans with a clean damp paper towel. Check the bottom of the can for the expiration date. (Fig. C)







- 7. Remove the plunger from the syringe.
- 8. Place the tip of the syringe into the feeding tube.
- 9. Hold the syringe and feeding tube straight up.
- 10. Using the syringe as a funnel, slowly pour formula into it. (Fig. D) If an uncomfortable feeling of fullness occurs, slow down the feeding or wait



an hour before giving more feeding.

11. At the end of the feeding, disconnect the syringe from the feeding tube. Use the syringe to flush the feeding tube with _____ cc of lukewarm water.



(Fig. E) Close the feeding tube. Additional water can be given using this method.

- 12. Opened cans should be covered and refrigerated. Use or discard any opened formula within 24 hours.
- 13. Empty cans can be recycled.
- 14. Wash all used equipment with warm water after each feeding.
- 15. Other _____

Bolus or Syringe Feeding, CONT.

Formula Schedule

TIME	AMOUNT
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Additional Water Schedule

AMOUNT

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